



Symphony® Cleaning & Disinfection Recommendations for Workplace Pumps

Did you know the Symphony hospital-grade (multi-user) breast pump can be shared* by moms in the workplace anytime? Featuring overflow protection, breast milk is blocked from entering the breast pump. The breast pump kit (breast shields, bottles, membranes, and tubing) for each mom is separate from the actual pumping mechanism and protects breast milk from entering the pump with a specially designed membrane. With easy and effective cleaning and disinfecting, employees can have the confidence they need to pump at work for their little one.

How to Clean & Disinfect – Before Each Use

Cleaning and disinfecting are two different activities; each must be done separately.

Cleaning – The breast pump should be wiped down with a clean, damp (not wet) cloth. Use drinking-quality water and mild dish soap or a non-abrasive detergent. Rinse with clean, damp (not wet) cloth to remove soap residue. Let the breast pump stand for 5 minutes and allow to air dry.

Disinfecting – The breast pump should be wiped with a clean, damp (not wet) cloth that is soaked with a surface disinfectant agent for medical devices. Medela recommends using an alcohol-based surface disinfectant agent (minimum 70% alcohol). Let the breast pump stand for 5 minutes and allow to air dry.

Why are both steps important?

Cleaning physically removes contamination from the surface. Disinfecting kills living organisms, such as bacteria or viruses that might be on the surface of the breast pump.

Recommended Disinfectant Products

Follow disinfecting agent manufacturer's instructions for use.

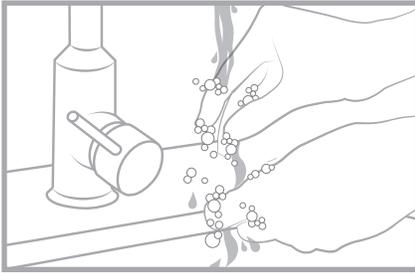
- Alcohol-Based Disinfectants
- Meliseptol® rapid (B. Braun)
- Incidin™ Foam (Ecolab)
- CaviCide® 1 (Metrex)
- 70% Isopropyl Alcohol
- Hexaquart (B. Braun)
- Perform® (Schülke)

Ensure the pumping room is stocked with enough supplies so that pumping employees are able to keep the Symphony breast pump clean at all times.

NOTE: Employers may have different procedures in place for keeping pumping rooms clean. It is important the equipment and room is cleaned on a daily basis and between uses. Lactation spaces should be included in the standard cleaning protocols employers have in place for all other common areas in the workplace.

*Breast pump kits are a single-user item and should not be shared by more than one person.

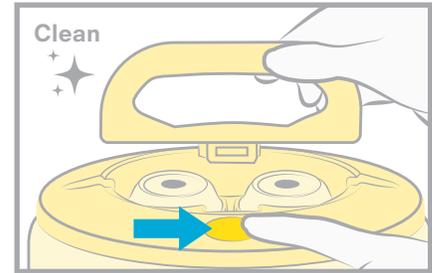
Cleaning & Disinfecting Steps



1. Wash hands for a minimum of 20 seconds with soap and water.



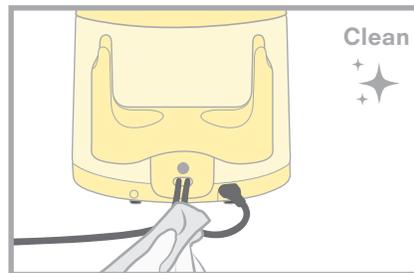
2. Apply mild dish soap or a non-abrasive detergent and wipe external surfaces of the breast pump and trolley (if available). Rinse with a clean, damp (not wet) cloth.



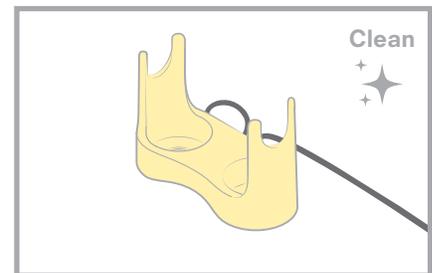
3. With damp cloth wipe handle and lid thoroughly. Clean push button thoroughly as well as the internal area.



4. Wipe thoroughly with damp cloth taking care to clean display buttons and control knob.



5. Wipe electrical cable thoroughly with damp cloth.



6. Remove bottle holder and wipe thoroughly with damp cloth.



7. Disinfect with an approved disinfectant wipe or agent. To disinfect the breast pump, repeat steps 2-7 with a disinfecting wipe. Ensure the breast pump, cable, and bottle holder are wiped with the disinfecting wipe before each pumping session.

NOTE: These quick instructions do not replace the regular instructions for use. Please refer to Symphony® Instructions for Use for more detailed information. In the event of conflicting national cleaning and disinfecting requirements, these shall prevail over Medela recommendations.